



PALOMA GRUESO

Paloma Grueso could tell her life in a song. She started singing when she was little as a soprano in choral formations and since then, without ceasing to train, she has continued working and transmitting her knowledge of vocal control.

She began her studies of Solfeggio and Violoncello and transverse flute at the Torrent Musical Union. She attended Courses of Techniques and Improvement and Interpretation for Cello, but as time went by, singing came to the fore.

With classical roots in her beginnings and without forgetting her base, Paloma focused from a young age on training in modern Vocal Technique with different teachers and methods; that's why she started to attend vocal technique classes and modern singing with the jazz singer Arancha Dominguez.

She later trained with singer and speech therapist Lidia Wellington. Latterly, Paloma was introduced to the methodology of "Voice Craft" with Helen Rowson.

Among her studies was a Masters in "Musical Management" at the Taller de Musics de Barcelona and the Voice Rehabilitation Techniques Course, which aims to help the production of sound for people with vocal problems, disorders, dysphonia or alterations.

For several years she has taught classes at various centers in the Valencian community, along with spoken voice projection courses for actors and speakers.

Her classes, with a proprioception approach, help to know oneself, its sound, its breathing, timbre, projection, postural hygiene, habits, building the song from the spoken voice, delving into types of vocal qualities and stylistic sound resources. Classes that help to discover and know how to relate how the state, both of the body and emotional, are closely linked with our voice when communicating and interpreting, be it talking or singing.

Paloma's experience on stage is extensive, since she started in formations from a young age, classical choirs and later as a solo singer in different shows, orchestras and musicals.

She has been a freelance singer for years, taking part in different acoustic formations; "Duom", "Reset Minds", "Free roads" Also as a jazz singer for the Big Band of the Puerto de Sagunto musical Union, Big Band of Museros and the big band of the CAMM de Montcada. Singer in the Swing formation "The Travelers". Singer and composer of the Valencian band "INNERLANDS".